



VIRGINIA MUSEUM OF CONTEMPORARY ART

Introduction to Fiber Art

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Materials Overview

Embroidery hoops (various sizes)

Embroidery floss- assorted colors, preferably DMC

Embroidery scissors

Fabric to sew or collage into

2 yds white cotton fabric, washed

Clothes Iron

Heat n' bond Iron on Adhesive (with paper backing) (available online from Walmart, Michaels, Amazon)

Sulky Water-Soluble Fabric Stabilizer (available online from Walmart, Michaels, Amazon)

Bone folder or old metal spoon for burnishing

Acrylic gel medium (can be matte or glossy, but make sure it is GEL medium, not regular acrylic medium)

Chartpak Colorless Blender Marker (available online from Michaels, Blick, and Amazon)

White glue (water-soluble, like Elmer's)

Masking Tape

Exacto Knife

Wax paper

Foam brush

Small paint brush

Water cup

At least one bottle of Jacquard Solarfast Dye in the color of your choice, (I recommend brown, blue, sepia, purple, black, green or teal, the lighter colors don't show up as well)

(available online through Amazon, Blick, Jerry's Artarama, and Michaels)

Plastic gloves

*access to a laser printer (does not need to be available during class time, can be a library or Kinkos)

Optional:

Vanishing Fabric Marker or Fabric Chalk Pencil

Teflon Sheet for Ironing

Silicon Sheets for Crafts

Self-healing cutting mat

Fine-tip black Sharpie

High quality magazine images (for image transfers)

Plastic clipboard

Jacquard cyanotype pretreated fabric 8 1/2" x 11" (available at Blick, Jerry's Artarama, Amazon)

Transparency paper for laser printer (make sure it is for use with a printer)
Brayer

Materials by Week

Week 1- Embroidery

embroidery hoop
woven fabric (not knit/stretchy fabric)
embroidery needles
embroidery scissors
embroidery floss

Week 2- Hardened Embroidery, Cut Work

embroidery hoop
woven fabric
embroidery needles
embroidery scissors
embroidery floss
water-soluble fabric stabilizer
white glue
small paint brush
water cup
wax paper or silicon craft mat to use as a work surface
optional- black fine-tip permanent marker

Week 3- Light Sensitive Image Transfer Techniques (may switch with Week 4 based on weather)

hardened embroidery pieces from Week 2
Jaquard Solarfast dye
white cotton fabric (washed)
foam brush
water cup
gloves
masking tape
optional- plastic clipboard
optional- 8" x 10" or 11" x 14" sheet of glass or plexiglass
optional- objects to make contact prints with (leaves, flowers, wire, thread, etc)
optional- transparency paper photo print outs (print ahead of class)
optional- plastic to cut and/or draw on with marker (recycled packaging that is translucent and flat)
optional- Jacquard cyanotype pre-treated fabric sheets

Week 4- Sewing on Paper, Image Transfers- Gel Transfers, Xylene Transfer, Iron-on

acrylic gel medium (can be matte, gloss or semi-gloss, just make sure it is the gel medium)
foam brush
wax paper
masking tape
Chartpak colorless blender marker
bone folder or old metal spoon
optional- brayer
paper to sew into (can be drawing/watercolor paper, or images from old books or nice magazines, postcards thicker is better)

embroidery materials (needle, floss, scissors)

Week 5- Fabric Collage/ Cut Fabric, Independent Work

Heat n' Bond Iron on Adhesive

Clothes Iron

scissors

Exacto Knife

surface to cut on (self-healing mat or cardboard)

fabric to cut and collage (preferably printed fabric, can include fabric printed in the course)

Week 6- Independent Work, Group Critique

students' choice